

C.U.SHAH UNIVERSITY

Summer Examination-2022

Subject Name : Understanding the Self

Subject Code : 4ED04UTS1

Branch: B.Ed.

Semester : 4

Date : 04/05/2022

Time : 11:00 To 12:30

Marks : 35

Instructions:

- (1) Use of Programmable calculator & any other electronic instrument is prohibited.
 - (2) Instructions written on main answer book are strictly to be obeyed.
 - (3) Draw neat diagrams and figures (if necessary) at right places.
 - (4) Assume suitable data if needed.
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Q : 1(A) Attempt any one and answer in 500 words: (08)

- (1) Give the form of self and explain the idea of self in deep according to "Darshan Shastra".
- (2) Clear the principle of Self reading according to Maslow's thought.

Q : 1(B) Attempt any two and answer in 150 words: (06)

- (1) Write the characteristics of good personality.
- (2) Elaborate Self arrangement in Life.
- (3) Write the meaning and importance of Sensation Training.

Q : 2(A) Attempt any one and answer in 500 words: (08)

- (1) Explain in deep the role of a teacher in maintaining gender equality or balance among the students.
- (2) Make it clear the effects of self - identity online life.

Q : 2(B) Attempt any two and answer in 150 words: (06)

- (1) How can we develop the positive self concept during learning?
- (2) Explain the thoughts of "Self" according to "SaankhyaDarshan".
- (3) Value the self with the thoughts of Buddh-dharm/religion.

Q : 3 Answer the following in one word or on sentence: (07)

- (1) Write the meaning of SQ.
- (2) Write one definition of Personality.
- (3) What is Self?
- (4) Give the name of two techniques of Self arrangement.
- (5) Write one thought of self according to the "Hindu Dharma".
- (6) Who gave the idea of self-identity Crisis?
- (7) Write any one thought of Jain-Darshan for self.

